

BETWEEN BREAD

SERVED WITH SOUP OR CHIPS

BRUSCHETTA CLASSICA €9.95

Chopped fresh tomatoes with garlic, basil pesto, balsamic glaze on homemade (1,3,5,7,8)

GRILLED HALLOUMI €15.5

grilled halloumi, roast peppers, avocado, leaves garlic mayo on toasted sourdough (1,3,7)

CLASSIC B.L.T €14.5

Streaky bacon, mixed leaves, tomato & mayo on toasted sourdough (1,3,7)
add avocado €2

CHICKEN & BACON €15.5

grilled chicken, crispy bacon, sun dried tomatoes, pesto mayo, mozzarella, leaves, toasted sourdough (1,3,5,7,8)

CAJUN CHICKEN WRAP €15.5

Grilled chicken, red peppers, red onion, mixed leaves & mozzarella, cajun mayo (1,7)

TUNA MELT €15.5

Tuna mayo mix, diced red onion, sweetcorn & melted cheddar on toasted sourdough (1,3,7)

HAM & CHEESE €14.5

Honey roasted Irish ham, cheddar, pickled onion, mustard mayo on toasted sourdough (1,3,7)

BIG BITES

BACON CHEESE BURGER €19.5

100% Irish beef burger, streaky bacon, garlic mayo, tomato, cheddar, gherkins, lettuce, house chips (1,3,7,11)

GRILLED CAJUN CHICKEN BURGER €18.9

Marinated chicken breast, garlic mayo, cheddar, pickled onion, tomato, lettuce, house chips (1,3,7,11)

FISH & CHIPS €19

Fresh fish, house chips, mushy peas & tartar sauce (1,4,7,10)

LASAGNE €18.5

Layers of lasagne with beef ragu, bechamel sauce, cheese, garlic toast & house chips (1,3,7,9,10)

CARBONARA €18

Spaghetti with pancetta, parmesan, egg yolk, garlic toast (1,3,7)

CHICKEN & BROCCOLI €18.5

Penne pasta, chicken, broccoli, pesto sauce, garlic toast (1,3,7,8)

ARRABIATA €15.5

Penne pasta, pan fried fresh chillies, garlic, tomato, parmesan, garlic toast (1,3,7)

ADD CHICKEN OR PRAWNS €3

BOLOGNESE €18.5

Spaghetti with traditional homemade beef Bolognese, parmesan, garlic toast (1,3,7,9)

SQUASH & LENTIL DAHL €17.5

Roasted butternut squash, red lentils, coconut milk, chopped tomato, spinach, garlic toast (1,5,6,7,8,9)

LEAFY & LOADED

CLASSIC CHICKEN CAESAR €15.5

Romaine lettuce, grilled chicken, crispy bacon, parmesan, croutons & Caesar dressing (1,3,7)

SMOKED SALMON €16.5

Smoked salmon, leaves, pickled onion, Dijon honey dressing, bruschetta mix, avocado, cucumber, roasted seeds, (1,3,4,7,10)

GRILLED GOATS CHEESE SALAD €16.5

Pickled beetroot, cucumber, cherry tomato, toasted seeds, mixed leaves, maple dressing, toasted sourdough (1,3,7)

SIDES

CHUNKY CHIPS €5

SWEETPOTATO FRIES €5

SIDE SALAD €5

ROOTS SLAW €2.5

GARLIC MAYO €2

CAJUN MAYO €2

KIDS

UNDER 12 YEARS ONLY

BOLOGNESE €8.5

PASTA WITH TOMATO SAUCE €8.5

BURGER & CHIPS €8.5

CHICKEN GOUJONS & CHIPS €8.5

SAUSAGE & CHIPS €8.5

FROM THE KITCHEN
ASK YOUR SERVER FOR SPECIALS

SMOOTHIES

Strawberry Fantasy / €6

Strawberry & banana

Raspberry Heaven / €6

Apple, raspberry, mango & wild blueberry

Passion Storm / €6

Peach, pineapple, papaya, passion fruit, guava & aloe vera

Green Reviver / €6

Kale, banana, mango & lemon grass

Acai Kick / €6

Strawberry, mango, blueberry & acai

ASK YOUR SERVER

FOR OUR

SELECTION OF

DESSERTS

COLD DRINKS

Coca Cola / €3.3

Coca Cola Diet / Zero / €3.3

Fanta Orange/ €3.3

Fanta Lemon / €3.3

Sprite / €3.3

Orange Juice 250ml/€3.6

Apple Juice 250ml/€3.6

San Pellegrino 500ml/€3.3

Acqua Panna 500ml/€3.3

San Pellegrino Orange/ €3.3

San Pellegrino Lemon / €3.3

ALL BOTTLES & CANS HAVE A .15C GOVERNMENT LEVEY ADDED TO THE BILL. YOU CAN REDEEM THIS WHEN YOU RETURN YOUR ITEM TO YOUR LOCAL RE-TURN COLLECTION POINT.

HOT DRINKS

Americano / €3.6 (7)

White Americano / €3.8 (7)

Espresso / €3.4 (7)

Double Espresso / €3.8 (7)

Macchiato / €3.4 (7)

Double Macchiato / €4.1 (7)

Flat White / € 4 (6, 7)

Latte / €4 (6, 7)

Cappuccino / €4 (6, 7)

Mocha (White / Dark) / €4.4 (7)

Chai Latte (Vanilla / Spiced) / €4.4 (7)

Iced Americano / €4.7 (7)

Iced Latte / Cappuccino / €4.9 (6, 7)

Hot Chocolate / €4.4 (6, 7)

Barry's Tea / €3.3

Solaris Herbal Teas / €3.9

Matcha Latte/ €5.1

EXTRAS

Espresso Shot / €1.1

Syrups / €0.8

Dairy Free Milk / €0.9

(please ask your server for allergen information)

ALLERGENS

(1) Cereals (2) Crustaceans (3) Eggs (4) Fish (5) Peanuts (6) Soybeans (7) Milk (8) Nuts (9) Celery (10) Mustard (11) Sesame Seeds (12) Sulfur Dioxide & Sulphites (13) Lupin (14) Molluscs
(V) Vegetarian (VG) Vegan (GF) Gluten Free

PLEASE NOTE: We take every precaution to prevent cross-contamination, however we cannot guarantee any food item is entirely free from any allergen.



BREAKFAST IS SERVED UNTIL 12PM

BERRY AÇAÍ BOWL / €9.5

Ask your server for options (1,5,8,11,VG)

ORGANIC PORRIDGE / €8.5

Topped with cinnamon & honey

OR

mixed berries (1,7,12,GF,V)

POACHED EGGS ON SOURDOUGH TOAST / 15.5

Smashed avocado, grilled Halloumi, hot honey glaze, rocket (1,3,7,V)

OR

Classic benedict, hollandaise, rocket & streaky bacon

OR (1,3,7)

Smoked salmon, hollandaise pickled onion, avocado

OR (1,3,4,7)

Sauteed potatoes, black pudding, streaky bacon, tomato relish, rocket (1,3,7,10)

PANCAKES (SWEET OR SAVORY) / €14

Streaky bacon & maple syrup

OR

Mixed berries compote & crème fraîche

OR

Banana & Honey (1,3,7)

CHEESY OMELETTE WITH SOURDOUGH / €13.9

Ham, crumbed black pudding, onion

OR

Tomato, peppers, onion

SERVED WITH SAUTEED POTATOES & ROAST RED PEPPER RELISH (1,3,7,12)

BREAKFAST BAGEL / €13.9

Sausages, streaky bacon, fried egg, black pudding, tomato relish, sauteed potato (1,6,7,10)

OR

Smoked salmon, crème fraîche, cucumber, house pickled onion, rocket (1,4,6,7,10)

ROOTS IRISH BREAKFAST / €15.9

2 bacon, 2 sausages, black & white pudding, 2 fried eggs, beans & sauteed potatoes with sourdough, tea or americano Cappuccino / latte + €1 (1,3,6,10,12)

MINI BREAKFAST / €14.5

1 bacon, 1 sausage, 1 black & white pudding, 1 fried egg, & sauteed potatoes with soudough, tea or americano Cappuccino / latte + €1 (1,3,6,10,12)

Sauteed Potatoes: €5

KIDS BREAKFAST

UNDER 12 YEARS ONLY

Scrambled Eggs on Toast / €6 (1,3,6,7,V)

Beans on Toast / €5 (1,6)

Pancakes / €9

Nutella & marshmallows or Berry compote (1,3,7)

Sausage on Toast / €6 (1,3,7,12)

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ROOTS

CAFÉ • BISTRO

PASTRIES

- Scones / €3.70 (1, 3, 7)
Croissants - Butter €3.5 / Almond €3.7 (1, 3, 7)
Raisin Danish / 3.70 (1, 3, 7, 8)
Muffins / €3.90 (1, 3, 6, 7)
Pain Au Chocolat / €3.7 (1, 3, 6, 7)
Power Ball / €2.7 (5, 6, 8, 11, GF, VG)

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Latte / €4 (6, 7)
Cappuccino / €4 (6, 7)
Mocha (White / Dark) / €4.4 (7)
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Iced Americano / €4.7 (7)
Iced Latte / Cappuccino / €4.9 (6, 7)
Hot Chocolate / €4.4 (6, 7)
Barry's Tea / €3.3
Solaris Herbal Teas / €3.9
Matcha Latte/ €5.1

EXTRAS

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Syrups / €0.8
Dairy Free Milk / €0.9

(please ask your server for allergen information)

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Apple Juice 250ml / €3.6
San Pellegrino 500ml / €3.3
Acqua Panna 500ml / €3.3
San Pellegrino Orange/ €3.3
San Pellegrino Lemon / €3.3

SMOOTHIES

- Strawberry Fantasy / €6
Strawberry & banana
Raspberry Heaven / €6
Apple, raspberry, mango & wild blueberry
Passion Storm / €6
Peach, pineapple, papaya, passion fruit, guava & aloe vera
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Kale, banana, mango & lemon grass
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PIZZA

● MENU ●



PIZZA

The Classic Queen

Tomato, mozzarella, and fresh basil (1.7.V)

14.5

The New Yorker

Mozzarella, rich tomato sauce, pepperoni slices (1.7)

15.8

Pepperoni Inferno

Mozzarella, rich tomato sauce, pepperoni slices, jalapeño, hot honey sauce (1.7)

16.8

The Bologna Boss

Mozzarella, rich tomato bolognese base, parmesan (1.7)

17

The Triple Meat Melt

Double mozzarella, rich tomato sauce, grilled chicken, baked ham, bacon (1.7)

17.5

Caesar Supreme

Mozzarella, rich tomato sauce, grilled chicken, black olives, caesar dressing (1.3.7)

17

Salmon Royale

Smoked salmon, capers, rocket, bechemel base (1.4.7)

18

The Garden Club

Sauteed potatoes, red onion, bechemel sauce, rocket, rosemary (1.7.V)

16

The Rustic Goat

Goats cheese, caramelised onion, rich tomato sauce, rocket, balsamic glaze (1.7.12.V)

16.5

KIDS

Garlic Bread & Cheese

Garlic flatbread, mozzarella (1.7.V)

8.5

Margherita

Tomato, mozzarella (1.7.V)

8.5

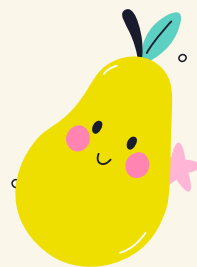
Pepperoni

Mozzarella, spicy pepperoni (1.7)

8.5



kids MENU



MEALS

BURGER & CHIPS

SAUSAGE & CHIPS

CHICKEN GOUJONS & CHIPS

PASTA WITH TOMATO SAUCE

BOLOGNESE



DESSERT

CHOCOLATE BROWNIE

OR

A SCOOP OF ICE CREAM



DRINKS

ORANGE JUICE

OR

APPLE JUICE

GET 1 OF EACH

€12

UNDER 12YRS

T&C'S APPLY