



Roots Cafe & Bistro Complete Catering 2026



Roots Cafe & Bistro

CATERING MENU

BREAKFAST SELECTION

Individual yogurt & granola Pots (Minimum of 10)	9.5
Fresh pastry box (Minimum of 10)	35
Selections of miniature pastries - Small platter 30 pieces (Serves 10) Large platter 60 pieces (Serves 20)	35/60
Freshly baked full sized pastries - Small platter of 10 Large platter of 20	38/70
Fresh Scones (Minimum of 5)	3.2
Fresh waffle & pancake box - served with yogurt, berries & chocolate sauce (Serves 10)	90
Breakfast bap box (Serves 10) - Meat, Veggie & Vegan options available	95

GOURMET SANDWICHES AND WRAPS | Small platter feeds up to 8-10 people | Large platter feeds up to 15-20 - Choose 3 or 5 options for 90/130

Sandwich selection

Chicken schnitzel, pickled onion, smokey mayo and leaves	
Crumbed baked ham, red cheddar, pickled onions, mustard mayo, and leaves	
Crispy streaky bacon, brie, caramelized onion, leaves	
Grilled chicken, bacon, parmesan aioli, cos lettuce	
Grilled halloumi, pesto, tomato, rocket	
BBQ glazed tofu, slaw, pickles	
Chicken, brie, cranberry sauce, leaves	
Tofu, crispy onions, tomato, mustard mayo, and leaves	
Crumbed baked ham, goat's cheese, roasted peppers and rocket	
Chicken, sweet chilli sauce, roast peppers, leaves	65/90



CLASSIC SELECTION | Small platter 8-10people | Large platter 15-20people

Sandwich selection

Ham and cheese

Ham salad

Chicken salad

Egg mayonnaise

Plain cheese

Chicken and stuffing

65/90

CANAPÉS - Minimum order 12people

Tartlets - caramelised onion & goats cheese | brie & cranberry | pear, brie & rocket

Pork meatballs - Italian (rich marinara sauce) | Asian (sticky hoisin sauce)

Arancini - creamy mushroom | 3 cheese | baked ham & cheese

Crostinis - balsamic, tomato & roasted red pepper pesto **V** | chicken liver pâté & pickled shallots | pear, walnut & ricotta | mushroom & caramelised Onion **V** | tomato bruschetta **V**

Skewers - chicken caesar | caprese salad **V** | spanish tortilla | chicken satay | seasonal vegetable skewers **V**

FINGER FOOD - Minimum order 12people

Mini quiches - goats cheese with caramelised onion & walnut | roast ham & cheddar | sun-dried tomatoes, red onion & roasted peppers **V**

Spring rolls - duck or vegetable

Chicken goujons

Mini sausage rolls - pork or vegan **V**

Prawns in filo pastry

Ribs - sticky BBQ baby back ribs | sticky BBQ corn ribs **V**

3 options 11.5

5 options 14



SALAD TRAYS - Small 8people | Large 12people

35/55

**Grilled chicken can be added to any of the salads below for a subsidiary charge*

Baby potato, wholegrain mustard mayo, pickled onion, cornichons, spring onion
Roast butternut squash, pickled red onion, shredded kale, yogurt dressing, toasted pumpkin seeds
Pesto fusilli, bocconcini, sundried tomato, shredded spinach **V**
Crumbled goats' cheese, roast cumin sweet potato, candy walnuts, leaves
Moroccan roast cauliflower, roast hazelnuts, cous-cous, spiced yogurt
Quinoa salad, crumbled falafels, hummus, olives, roast cajun chickpeas **V**

MAINS - Minimum order 8people

12.5pp

Rich beef lasagne
Creamy chicken curry
Halloumi avocado burger
Beef stroganoff
Lentil & sweet potato dahl **V**
Tuscan salmon with a parmesan cream sauce
Moroccan lamb tagine with almond & apricots
Stuffed pasta shells with ricotta & spinach
Smoked fish pie (+1.5)
Chicken korma
Roast squash & lentil vegetarian lasagne (vegan option available **V**)

SIDES

Roasted vegetables **V**
Sautéed greens **V**
Carrot and parnip mash
Cheesy brocolli and cauliflower bake
Garlic baby potatoes **V**
Creamy mash

Potato gratin
Potato salad
Slaw
Fluffy rice **V**
Sliced ciabatta

3.5pp



DESSERT SELECTION | Box of 6 | Box of 12

24/45

Selection of our gourmet desserts - Individually portioned

Full Sized Cakes available

40

Lemon meringue - 1, 3, 6, 7

Deep dish apple pie - 1, 3, 12

Death by Chocolate cake - 1, 3, 6, 7

Cheesecake - 1, 6, 7

Cupcakes | Box of 12 | Box of 24

40/80

Flavours available

Bright Red Velvet sponge with our classic vanilla buttercream - 1, 3, 6, 7

Light Vanilla sponge with Vanilla Buttercream (Jam on request) - 1, 3, 6, 7

Rich Chocolate sponge with a smooth chocolate buttercream

Chocolate cake with Oreo Buttercream - 1, 3, 6, 7

Coffee Cake & Coffee Buttercream- 1, 3, 6, 7

Add your logo 3.75

Allergens

(1) Cereals (2) Crustaceans (3) Eggs (4) Fish (5) Peanuts (6) Soybeans (7) Milk (8) Nuts (9) Celery (10) Mustard (11) Sesame Seeds (12) Sulfur Dioxide & Sulphites (13) Lupin (14) Molluscs

Please note: We take every precaution to prevent cross contamination, however we cannot guarantee any food item is entirely free from any allergens.

Orders must be received 48 hours prior to the event. Cancellation must be 24 hours in advance. Payment is required prior to delivery on all orders. If you require staffing service please allow for €30 per server per hour. Delivery charges are subject to location. Charges for delivery outside the Galway area are priced on application. Utensils are provided upon request at €1.50 pp.

Contact : Catering@rootscafebistro.ie



SPORTS STARS

Everything here is made with nutrition in mind! Local ingredients 100% Irish beef

BREAKFAST SELECTION

Homemade pancakes - fluffy pancakes with crispy bacon or fresh berries & cream	12
Breakfast burrito - scrambled eggs, crispy bacon, sausages & homemade relish	12.5
Overnight oats - oats, fruit compote & low fat yoghurt	9.5
Fresh fruit pots - chopped selection of fresh fruits	7

MAINS

Traditional chicken curry with mixed veg & jasmine rice	12.5
Slow cooked beef lasagna with garlic bread & side salad	12.5
Chicken & chorizo, penne pasta in a sun dried tomato creamy sauce	12.5
Traditional beef ragu, diced vegetables, penne pasta, parmesan cheese	12.5
Thai red chicken curry, mixed vegetables & jasmine rice 🌶️🌶️	12.5
Beef stroganoff with wild mushrooms & herb rice	12.5
Stir fried noodles with teriyaki beef & toasted sesame seeds	12.5
Chicken & broccoli pasta bake with toasted breadcrumbs & cheddar	12.5
Mixed seafood pie (white fish, salmon, prawn) creamy mash topping, fresh herbs	13.5

SWEET SELECTION

Selection of bite size canapé desserts box of 12 or 24	35/60
Homemade team coloured cupcakes box of 12 or 24	36/70
Protein flapjacks	3.5
Protein power balls (3 per pack)	5

For more details please email catering@rootscafebistro.ie

ROOTS

CAFÉ • BISTRO





OFFICE CATERING

We delivery **Monday - Friday**
Orders must be placed by **12pm for next day
delivery**

Minimum delivery order value €50
Delivery €10

CONTACT

catering@rootscafebistro.ie

Let us look after everything for you.
Get in touch today

